



European and Mediterranean League
Against Thrombotic Diseases



News on EMLTD

European and Mediterranean League against Thrombotic Diseases

President's corner

Alexandros Tselepis

Dear Colleagues,

I am happy to introduce the second EMLTD e-Newsletter in 2022, which provides you detailed scientific information on the first webinar of our society this year. In the present newsletter we further inform you of the future EMLTD activities, which will be equally attractive and interesting for all attendees. I am confident that this newsletter will be useful to all recipients, and I am deeply grateful to all who have actively contributed to this second newsletter.

Editor's corner

Joao Morais

Dear Colleagues,

Last April EMLTD activities were dominated by a remarkable webinar organized by our colleagues in Croatia on the important topic of splanchnic venous thrombosis.

Dr. Ana Bronic gave us a brief report of this initiative. One of the main goals of EMLTD is to promote educational activities on the field of thrombotic diseases inside the constituent countries.

In this issue Ana Bronic reports about the situation in Croatia focusing especially on deep vein thrombosis. In the future issues of the EMLTD Newsletter other colleagues, councillors of EMLTD will also report the activities in their regions.

It is my pleasure to announce for the first time the **INTERNATIONAL CONGRESS ON THROMBOSIS (ICT 2023)** to be held in October 2023 in Lisbon, Portugal.

ICT is the biannual congress of our society. Teresa Padró, our General Secretary, is highlighting the importance of this congress.

Finally we pay our homage to Dr Seligsohn, councillor of EMLTD in Israel who passed away last January.

EMLTD activities

The International Congress on Thrombosis (ICT) 2023



The International Congress on Thrombosis (ICT) is since more than 50 years the central activity of our Society.

Organized every 2 years by a different EMLTD country member, it is characterized by always offering an outstanding scientific program with highly qualified speakers, at the time of creating a warm and welcoming atmosphere to facilitate networking.

The EMLTD congresses are multidisciplinary providing an international forum for the exchange of ideas on the latest scientific advances in clinical and research topics on thrombosis between participants that came from all over the world. The EMLTD congress takes place in a warm atmosphere, incorporating the cultural characteristics of the organizing country, which facilitates to bring together all friends, meet new colleagues and create new collaborations.

EMLTD Webinars 2022
Coordinated by Prof. Vittorio Pengo

Presents:

A flank pain and fever in young patient

Tuesday April 26
15:30 CET

European and Mediterranean League
Against Thrombotic Diseases

Organized by:
Dr. Ana Bronic, BSc(MA PhD
(Croatia)

Invited speaker:
Marijo Vodanovic, MD PhD
(Croatia)

Report on EMLTD Webinar: "A flank pain and fever in young patient"

Ana Bronić

EMLTD Country Councillor

Sestre milosrdnice University Hospital Center, Zagreb Croatia

The first Euro-Mediterranean League against thromboembolic diseases (EMLTD) webinar in 2022 was held on April 26 and the organizing country was Croatia. Through case-report and evidence-based educational information webinar was addressed diagnostic and risk assessment in patients with venous thromboembolism (VTE) at unusual sites.

The title of the presentation was "A flank pain and fever in young patient" and Dr. Marijo Vodanović, haematologist from University Hospital Center Zagreb, Croatia was invited speaker. Dr Vodanović elaborated an very interesting Case on young female patient admitted to Central Emergency Unit of his Hospital in May 2014 with colicky pain. Comprehensive clinical examination as well as used diagnostic procedures revealed that patient has splanchnic venous thrombosis (SVT). After the presentation of the patients risk factors, an interesting discussion has developed about whether this case should be considered as provoked or unprovoked thrombosis. As in particular phase of treatment direct oral anticoagulants were administered to the patient, their use in patients with unusual VTE was also discussed. At the end of the discussion, professor Pengo presented current guidelines and pathways to better manage and triage patients presenting with VTE at unusual sites. Diagnosis and treatment of VTE that occurs at unusual sites is challenging because of the different clinical features and major provoking risk factors. Additionally, the prevalence of certain underlying conditions that could be contraindicated to antithrombotic therapies is high and evidence from randomized trials to guide therapeutic decisions are insufficient. Therefore, the presentation of each case with SVT and any other VTE occurring at unusual sites is extremely important in order to expand our knowledge.

At the end, I would like to thank all participants that attended the meeting and presenters for sharing their experience and knowledge on a extremely important subject.

Save the date for the next EMLTD Webinar - October 26, 2022

Interesting for the clinicians

Comment by **Ana Bronic**

Venous thrombosis in Croatia: current state and perspectives

Ana Bronić

Sestre milosrdnice University Hospital Center, Zagreb Croatia

Deep vein thrombosis (DVT) is a public health problem and highly preventable disease (1). For a years it has been less extensively evaluated than the burden caused by arterial thrombosis (2). Main achievement in the last 10 years has been recognition of the importance of data collection and formation of VTE registries to improve awareness of VTE. In Croatia VTE incidence is like worldwide incidence, 1-2 cases per 1000 inhabitants (3). However, in Croatia there is no specific institutions dealing only with thrombosis, but all University and General Hospitals have regular clinics of different specialties dealing with thrombosis as needed. Mainly, all sections of the Croatian Medical Society closely collaborate with corresponding European or World medical societies and endorse their VTE guidelines on the websites. Some guidelines have been translated into Croatian in a shortened form. Although, Croatian Health Statistics yearbook provide comprehensive data on number of medical specialists in Croatian health system, an exact number of basic scientists or specialists involved in thrombosis research is not assigned (4). Several sections of the Croatian Medical Society encourage interest and research in the field of thrombosis: (Croatian Society of Hematology, Croatian Society of Transfusion, Croatian Society for Hemostasis and Thrombosis, Croatian Cardiological Society, Croatian Society for Vascular Surgery, Croatian Society for Neurovascular Diseases and Croatian Society for prevention of Stroke) as well as Croatian cooperative group for hematologic diseases (KroHem) and Croatian Society of Medical Biochemists and laboratory medicine (CSMBLM). In 2015, a group of colleagues from laboratories involved in coagulation testing gathering and formed Working group for laboratory coagulation (WGLC) as a part of CSMBLM. The greatest success of WGLC was the screen of the practice and policy on performing coagulation tests in different laboratories and the publication of National guidelines (5,6). In addition, there are several scientific projects on thrombosis supported by Croatian Ministry of Science and Technology, Croatian Science Foundation as well as Ministry of Health. Project leaders are specialists in various areas of medicine and numerous of young scientists are involved in such projects. However, awareness on VTE is enhanced, but there are still opportunities to improve collecting data from hospitals and outpatient clinics on VTE incidence and treatment practice. Lot of data are hospital-based rather than national. Formation of national registries

could improve data on VTE epidemiology in Croatia, but also would be basis to reveal its burden on economy. Organization of press and scientific conferences or webinars would be also important, both for patients and physicians to contribute the awareness of thrombosis as highly preventable disease.

1. ISTH Steering Committee for World Thrombosis Day. Thrombosis: a major contributor to the global disease burden. J Thromb Haemost 2014;12: 1580–90.
2. Bronić A. Thromboembolic diseases as biological and clinical syndrome – Role of the Mediterranean League against Thromboembolic Diseases. Biochem Medica 2010;20(1):9–1
3. Pulanić et al: Venous thromboembolism in Croatia – CROHEM study. Croat Med J. 2015;56:550-7
4. Croatian Health Statistics Yearbook 2017, Croatian Institute of Public Health Editors: Stevanović R, Čapjak K. Accessed in May at: <https://www.hgpi.hr/en/other-publications/croatian-health-statistics-yearbook-2017/>msclkid= 722d2 cd2d08e11ec83 a03fe328b7d5f
5. Bronić A, Coen Herak D, Milčić M, Margetić S. Croatian Society of Medical Biochemistry and Laboratory Medicine: National recommendations for blood collection, processing, performance and reporting of results for coagulation screening assays: Prothrombin time, Activated partial thromboplastin time, Thrombin time, Fibrinogen and D-dimer. Biochem Med (Zagreb) 2019;29(2):020503.
6. Bronić A, Coen Herak D, Milčić M, Margetić S. Policies and practices in haemostasis testing among laboratories in Croatia: a survey on behalf of a Working Group for Laboratory Coagulation of the Croatian Society of Medical Biochemistry and Laboratory Medicine. Biochem Med (Zagreb) 2017; 27(1):199–216

OBITUARY of Uri Seligsohn

Uri Seligsohn passed away on January 21, 2022 at the age of 84. Dr Seligsohn was Councillor of Israel for the European and Mediterranean League Against Thromboembolic Diseases (EMLTD), and President of the Society after the International Congress on Thrombosis celebrated in Jerusalem (Israel, 1986). Dr Seligsohn always supported and promoted the League and its scientific and educational aims. Concerning education, Dr Seligsohn, as a Chairman of the Educational Board of the International Society of Thrombosis and Haemostasis (ISTH), in collaboration with Dr Sergio Coccheri, also member of the ISTH Educational Board, and Councillor of Italy in the EMLTD at he time, proposed and supported the organization of join ISTH- EMLTD educational Courses in countries with less facilities to organize or attend congresses on thrombosis. These courses took place in Casablanca (2004), Tunisia (2007), Bucharest (2008), Lebanon (2010) and Kiev (2013), and were very well organized and very successful.

Dr Seligsohn was a great scientist, a master clinician and a gentleman with deep professional and human values. You can find his obituary published in Journal Thrombosis Haemostasis 2022; 00:1-5 in the Web of the EMLTD (<https://medleague-Thrombosis.org>).



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